



## Containers

### Glass Bottles & Jars

All clear and coloured glass food and beverage containers. *Please rinse.*

**NO** drinking glasses, ceramics or china (plates, bowls, mugs, etc.), crystal, window glass, light bulbs, mirrors, pottery, Pyrex, pots and pans, cosmetic containers.



### Plastic Containers & Lids

Clean plastic pop and water bottles, yogurt, margarine and ice cream containers, windshield washer jugs, dish soap and shampoo bottles, plastic milk jugs, ketchup bottles, peanut butter jars, laundry detergent, fabric softener and bleach bottles, P.E.T. plastic egg cartons, clear fruit and veggie containers, vitamin bottles, etc. *Flatten bottles and replace caps.*

**NO** toys, CDs, plastic barrels, vinyl siding, vinyl shower curtains, blister packs, food/stretch wrap, mini-blinds, plastic cutlery, garden furniture, or flower/plant pots.

### Metal Cans & Foil

All tin and aluminum food and beverage cans, clean aluminum foil, pie plates and take-out food trays. *Please rinse and remove lids on tin cans, place inside can & pinch closed. Do not put aluminum cans inside tin ones.*

**NO** aerosol cans, BBQ propane cylinders (turn in on Household Hazardous Waste day), coat hangers, pots and pans, kitchen utensils, paper-backed foil (e.g. lids from take-out food), or foil laminates (e.g. foil gift wrap, potato chip bags).



### Polystyrene (Styrofoam)

Styrofoam meat and bakery trays, egg cartons, coffee cups, fast food containers, etc. *Please rinse.*

**NO** blue or pink Styrofoam insulation, packing Styrofoam, Styrofoam peanuts or beads.



### Plastic Bags

Plastic milk, bread, shopping and dry cleaning bags, wrap from toilet paper and paper towels, etc. *Place inside one bag and tie the handles.*

**NO** bubble wrap, boat wrap, tarps or other large sheets of plastic film, chip bags, snack bar wrappers or stand up pouches.

## Recycling Questions?

Ask your Landfill Attendant or contact your local municipal office.

Please **rinse out your bottles, jars and other containers** before putting them in your recycling box. This will reduce smell and insect problems for you and ensure our recycling materials are not contaminated and stay out of the landfill.

**Please do not package newspapers or other "fibres" in plastic bags.**

Remember — recycling is mandatory in Highlands East

## Fibres

### Newspapers, Magazines & Flyers

Newspapers, magazines, catalogs, advertising inserts, phone books, soft cover books, and glossy flyers. *Do not package in plastic bags.*

**NO** waxed or foil-coated paper.



### Boxboard & Mixed Paper

Household and office paper, junk mail, envelopes, writing paper, computer paper, wrapping paper, greeting cards; cereal, detergent, tissue and shoe boxes, paper towel and toilet paper tubes, fibre egg cartons, paper grocery and shopping bags, plastic lined dog and cat food bags, etc. *Staples are okay.*

**NO** tissues, paper towel, waxed or foil-coated paper, frozen juice cans, tube chip (with metal ends).



### Corrugated Cardboard

Pizza box tops (no greasy bottoms), cardboard boxes, clean and flattened. *Staples are okay.*

**NO** waxed corrugated boxes or soiled with food or dirt.

### Tetra-Pak Boxes

Juice, milk, soup and other 'Tetra Pak' type boxes. *Please rinse.*

**NO** straws.

### "Gable-Top" Cartons

Polycoat (waxed) milk, juice, sugar & liquid egg cartons, etc. *Please rinse, crush & replace plastic lids.*

